

EYFS Outdoor Learning

Example Six Lessons Overview

All lessons will be adapted to meet your needs

Lesson 1: Exploring senses

- Use their senses to explore and describe natural objects
- Participate in games using all of their senses

Lesson 2: Tree Art

- Sketch and take rubbings from trees
- Recall the parts of trees through games

Lesson 3: Mini Dens

- Discover different animal dens and nests
- Create a mini den or nest for an animal of their choice

Lesson 4: Minibeasts

- Find and identify minibeasts
- Sieve leaf litter to discover woodland species

Lesson 5: Bug Hotels

- Complete a nature scavenger hunt
- Construct bug hotels to encourage minibeasts

Lesson 6: Outdoor Music

- Use natural materials to create and copy rhythms
- Create and use natural shakers



Example Three Lessons Overview

All lessons will be adapted to meet your needs

Lesson 1: Exploring Senses

- Use their senses to explore and describe natural objects
- Participate in games using all of their senses

Lesson 2: Tree Art

- Sketch and take rubbings from trees
- Recall the parts of trees through games

Lesson 3: Bug Hotels

- Complete a nature scavenger hunt
- Construct bug hotels to encourage minibeasts



KS1 Outdoor Learning

Example Six Lessons Overview

All lessons will be adapted to meet your needs

Lesson 1: Sensory Games

- Use all of their senses to participate in blindfolded games
- Guide a partner using clear instructions

Lesson 2: Plants

- Identify new and familiar plants
- Discover how their needs are met in their habitat

Lesson 3: Water Filtration

- Construct water filters and test their effectiveness
- Discover natural food and water sources

Lesson 4: Minibeasts

- Identify minibeasts and discuss their food sources
- Sieve leaf litter to discover woodland species

Lesson 5: Woodland Crafts

- Create a woodland wand
- Create a self-portrait using natural materials

Lesson 6: Map Skills

- Learn compass directions through games
- Complete a map symbols trail working in small groups



Example Three Lessons Overview

All lessons will be adapted to meet your needs

Year 1:

Lesson 1: Sensory Games

- Use all of their senses to participate in blindfolded games
- Guide a partner using clear instructions

Lesson 2: Plants

- Identify new and familiar plants
- Discover how their needs are met in their habitat

Lesson 3: Woodland Crafts

- Create a woodland wand
- Create a self-portrait using natural materials



Year 2:

Lesson 1: Minibeasts

- Identify minibeasts and discuss their food sources
- Sieve leaf litter to discover woodland species

Lesson 2: Water Filtration

- Construct water filters and test their effectiveness
- Discover natural food and water sources

Lesson 3: Map skills

- Learn compass directions through games
- Complete a map symbols trail working in small groups

LKS2 Outdoor Learning

Example Six Lessons Overview

All lessons will be adapted to meet your needs

Lesson 1: Sensory Challenges

- Use all of their senses to participate in blindfolded challenges
- Guide a partner using directional language

Lesson 2: Measuring Trees

- Identify trees from their parts
- Measure and estimate the height and age of trees

Lesson 3: Shelter Building

- Work as a team to build a shelter
- Explain the features of their shelter to the class

Lesson 4: Minibeasts

- Identify and survey minibeasts across different habitats
- Collect minibeasts using insect pooters, beating and sieving

Lesson 5: Natural Crafts

- Create a nature mobile using simple knots
- Create mandalas from natural materials using a variety of patterns

Lesson 6: Problem Solving

- Complete team and individual challenges
- Work together to find solutions to problems



Example Three Lessons Overview

All lessons will be adapted to meet your needs

Year 3:

Lesson 1: Sensory Challenges

- Use all of their senses to participate in blindfolded challenges
- Guide a partner using directional language

Lesson 2: Minibeasts

- Identify and survey minibeasts across different habitats
- Collect minibeasts using insect pooters, beating and sieving

Lesson 3: Natural Crafts

- Create a nature mobile using simple knots
- Create mandalas from natural materials using a variety of patterns



Year 4:

Lesson 1: Problem Solving

- Complete team and individual challenges
- Work together to find solutions to problems

Lesson 2: Measuring Trees

- Identify trees from their parts
- Measure and estimate the height and age of trees

Lesson 3: Shelter Building

- Work as a team to build a shelter
- Explain the features of their shelter to the class

UKS2 Outdoor Learning

Example Six Lessons Overview

All lessons will be adapted to meet your needs

Lesson 1: Problem Solving

- Complete team and individual challenges
- Work together to find solutions to problems

Lesson 2: Using Microscopes

- View plants and animals using microscopes and other magnifying equipment
- Prepare microscope slides to view

Lesson 3: Principles of Survival

- Discuss the rule of 3 and priorities for outdoor survival
- Construct shelters designed to withstand harsh weather

Lesson 4: Minibeasts

- Compare minibeast species between habitats
- Collect minibeasts using insect pooters, beating and sieving

Lesson 5: Knot Tying

- Tie common knots such as the square knot
- Construct a mini raft

Lesson 6: Navigation

- Use a map to navigate
- Complete orienteering challenges



Example Three Lessons Overview

All lessons will be adapted to meet your needs

Year 5:

Lesson 1: Minibeasts

- Compare minibeast species between habitats
- Collect minibeasts using insect pooters, beating and sieving

Lesson 2: Knot Tying

- Tie common knots such as the square knot
- Construct a mini raft

Lesson 3: Navigation

- Use a map to navigate
- Complete orienteering challenges



Year 6:

Lesson 1: Problem Solving

- Complete team and individual challenges
- Work together to find solutions to problems

Lesson 2: Principles of Survival

- Discuss the rule of 3 and priorities for outdoor survival
- Construct shelters designed to withstand harsh weather

Lesson 3: Using Microscopes

- View plants and animals using microscopes and other magnifying equipment
- Prepare microscope slides to view